



Interact

A Monthly Bulletin of the
Indiranagar Methodist Church
for Private Circulation only

July 2023



Make God's **Mission** Your **Mission**

Jesus said to them, 'Go into all the world and
preach the gospel to all creation.'

Mark 16:15

"Jesus said to them, "Go into all the world and preach the gospel to all creation" - Mark 16:15



Indiranagar Methodist Church

Missions Convention 2023

Theme: Make God's Mission Your Mission

Dates: July 28th to 30th July 2023

Friday, 28th July 2023 – 7 PM to 8.30 PM

Saturday, 29th July 2023 – 7 PM to 8.30 PM

Sunday, 30th July 2023 - 9 AM to 11 AM

Come and Be Blessed

For further details contact:

Mr. Jebakumar, Chairperson-Missions & Evangelism Committee-IMC @ 9945000982 or
the Church Office @ 080-41255628/ 25268863



GUEST SPEAKER

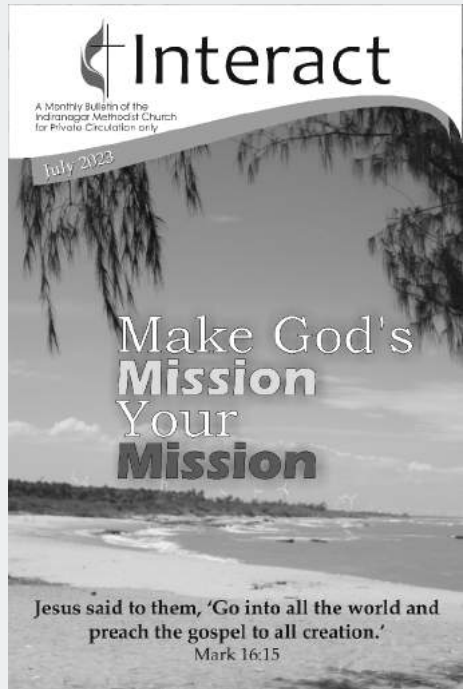
REV. ASHOK ANDREWS
KOLKATA CHRISTIAN FELLOWSHIP
KOLKATA – WEST BENGAL

All are invited for the
Gospel Concert by **GLORIOUS** Choir at IMC
Sunday, July 9th 2023 at 6.00 pm



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Rev. Paul Royappa

Senior Pastor -8861154624

Rev. John Shikamani

Associate Pastor - 8050931514

Rev. Alexander Augustine

Associate Pastor - 7406834683

Contact

Indiranagar Methodist Church

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Church Office: 080-25268863/ 41255628

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Pastoral Letter

Dear IMC family,

We greet you all once again in the precious name of our Lord Jesus Christ. It is really a joy and privilege to meet you all through this magazine every month and to share with you God's message and what He has been doing in our midst. We are thankful to the Lord for giving all of us grace to complete the first six months of 2023, and for enabling us to enter into the seventh month.

Thank God for the various activities we had all through the past months. We want to thank you all for your support, prayers and participation in all 3 Worship services every Sunday, Area fellowships, Saturday online IMC prayer time and Wednesday online Bible Study. Thank God for the fruitful time of planning and prayer we had for the Pastorate Committee members on June 24th. As we have shared, we will focus on 'ONE GOD-ONE TEAM-ONE GOAL'.

The theme for this month is '**MAKE GOD'S MISSION YOUR MISSION**'. We will have our MISSIONS CONVENTION from July 28th to 30th in our church. We urge you all to pray and participate with your families and friends. It is time to make God's Mission our Mission. As a Church, it is time to open our eyes and see the Harvest and get involved in Evangelism and Missions.

The Apostle Peter says in **2 Peter 3:9**, *'The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.'*

The words mission, missions or missionary are not found in the Bible. Though they are not Bible words, they have become a part of the Christian vocabulary. Though the word missions is not found in the Bible, it is clearly illustrated and commanded in the Scriptures.

"The church doesn't do mission; the church is mission," says Chuck Van Engen, who served as a missionary in Chiapas, Mexico, for many years. Our idea is not simply to be a church that supports missions but rather to be a missional church. A missional church understands that being a missionary is not confined to a specialized person who goes off into another place or a foreign country to convert the heathens. We need to understand that everyone in the pew is a missionary. We never convert people to Christianity. We only share the Gospel with people who need to hear the Gospel. Conversion is the work of God.

Everybody in the pew has a responsibility for carrying the good news of Jesus Christ in the world whether it is outside or our own back yard and neighbourhood.

What is Missions? To define missions, we must begin with the 'Gospel'. The *Gospel* is the good news of Jesus Christ's death, resurrection, and reign to save sinners. The good news is that "God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life" (John 3:16). Christ is the ultimate missionary who left the comforts of heaven, crossed into our world, died in our place and rose in victory. Now all who repent and trust in Christ are made right with God and given eternal life.

Missions is the task proclaiming the gospel to every people group that has not yet heard it. A missionary is the sent one. It is a disciple sent out by God or by the church with a message of salvation to a new place, culture and language, with the goal to lead people to Jesus for salvation and eternal life, Jesus told his disciples in **Acts 1:8**, "*But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.*" God called the early church to be missional within and outside of their own communities to share the gospel. This is our call today, too. As followers of Christ, our mission is to be disciples who make disciples. The Church is a way for followers of Jesus to act together as one body, with Jesus as the head, to fulfil His mission. We both make disciples and become better disciples by seeking Jesus together. Missional is a mind-set of every Christian in the pew in IMC. A mind-set that understands that we, by the very nature of being part of the body of Christ are a missional people.

May the Lord help all of us to be a missional people and His witnesses in our homes, workplaces and neighbourhood. We do value your continued prayers and Support for the Mission of Indiranagar Methodist Church where God has placed us with a purpose to glorify His name and bring people to the saving knowledge of Jesus. Let us all walk together as one team with one goal, trusting in one God who has redeemed us with the blood of Jesus to be His witnesses.

Thank you all for your encouragement and prayers for the Pastoral team and the ministry of our Church. We the Pastoral team assure you all of our prayers. For Pastoral visit and prayer, kindly contact us.

God bless you all.

The Pastoral Team- IMC

News

Announcements

Our Gratitude:

Welcome Rev. John Nelson and Rev. Ashok Andrews. Congregation is requested to pray for the pulpit ministry of IMC.

Pastorate Committee Meeting: Will be held on Tuesday, 11th July 2023 at 7 pm at the Board Room, IMC Annexe.

Birth: Mr. Kadheraiah (Shadrak) Kommalapathe and Mrs. Shiney were blessed with a baby boy on Wednesday, 21st June 2023.

In Memoriam: We deeply regret the passing away of Rev. Michael Srinivasan, aged 72 yrs, member of our church on Monday, 26th June 2023. Please pray for the bereaved family members.

Wednesday Midweek Bible Study: will continue to be held Every Wednesday @ 7:00 p.m Online. We will be beginning the Bible study series on the book of 1 Peter. The Pastoral team will conduct the Bible studies. The details will be posted on our church whatsapp groups. Invite you all to participate and be blessed.

Methodist Youth Fellowship (MYF): Will meet every Sunday soon after the 9:30 am worship service in the church. We invite all youths who are above 18 years and below 25 years, to attend and be blessed. The youth meets every Friday at 5pm for a time of prayer in the church. For details contact MYF President, Mr. Sudheer at 9902543319.

Senior Citizens Fellowship: Will meet this month on 4th Saturday, 22nd July 2023 at 10 am in the church for a time of prayer, fellowship, hearing Gods word and bible based activities. If you are a senior citizen please consider joining us. For more details contact Mr. Manna . K at 9886655321 or Mrs. Parin Paul at 9845046223.

Thank You: We want to express our sincere thanks to you for your financial support towards the ministry of our Church through Tithes and contributions.

How to Interact? You can send your short write-ups, testimonies & articles for the Interact in softcopies. Because of the limitation of space in the magazine, the articles are selected on "First cum First serve basis" and the Pastoral teams' decision is final. Articles and essays are to be limited to a maximum of 2 A4 size papers. The last date for submitting these articles is **before 20th of every month** to - office@imc.church

Area wise Bible Study Group

July 2023

‘What is God’s Great Invitations to His people’?				
THEME FOR JULY 2023				
The Invitation to Contrition				
Hosea 6:1-2				
Day	Date	Time	Venue	Area Leader/ Mobile/ Area
Fri	21/07	7:00 PM	Mr. & Mrs. Gabriel Charles Flat 11123, 12th Floor Tower 11, Prestige Lakeside Habitat Varthur Hobli, Bangalore Landmark Opp. Chrysalis High, Varthur	Mr. & Mrs. Abhishek Das 9243104074 Marathahalli/ Whitefield
Fri	21/07	7:00 PM	Mr. Avinash Johnson & Dr. Preeti Johnson F3, Samhita Spicewood East Block, 6th Main, GM Palya, New Thippasandra Post, Bengaluru- 560075 Landmark: Lane in front of Havells Showroom. Mobile: 9999898986/9999118303	Mrs. Ida Selvakumar 9448118143 Jagadish Nagar
Members coming under following groups are requested to contact their respective Area co-ordinators for the time/date/place of meeting:				
Sl. No.	Area Co-ordinator/s	Area	Contact No.	
1	Mr. & Mrs. Josey V. George	Cambridge Layout	9980159310	
2	Mr. & Mrs. Manoj .S	Murugeshpalya	9900169612/ 9945226623	
3	Mr. & Mrs. Benjamin Christopher	Kasturi Nagar/Ramamurthy Nagar	9945593463	

Altar Flowers

June 2023

Date	Contributors Name	Message
04/06/2023	Kian, Alex and Sharmila Rao	In thanksgiving to God on the occasion of the birthday of NICOLA on 6th June 2023.
11/06/2023	Jacob Samuel and family	On the occasion of his daughter Alsiba’s birthday, may God bless her with good health and happiness.
11/06/2023	Patricia Mahapatra	In thanksgiving to God for all His blessings upon her son Beckhen Mahapatra and for his education.
18/06/2023	Jacob Samuel and family	On the occasion of his son Joy Jacob’s birthday, Thanking Lord Jesus for His mercies on the life of Joy Jacob.
18/06/2023	Dr. Frederick’s family	In thanksgiving to God for all His blessings upon Dr. Frederick as he celebrates his 80 th Birthday today.
25/06/2023	Mr. Sampson Kantharaj, Ruth and children	Thanking God for all His grace and mercies upon our family.
25/06/2023	Mrs. Annie John	In thanksgiving to God for all His blessings on the occasion of her son Shawn Thomas John’s birthday.



Memorize the Bible

2-July-2023

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

- **John 3:16**

09-July-2023

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.

- **Matthew 28:19-20**

16-July-2023

He himself was not the light; he came only as a witness to the light. The true light that gives light to everyone was coming into the world. - **John 1:8-9**

23-July-2023

He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. The next day he took out two denarii^[e] and gave them to the innkeeper. 'Look after him,' he said, 'and when I return, I will reimburse you for any extra expense you may have.' - **Luke 10:34-35**

30-July-2023

Don't you have a saying, 'It's still four months until harvest'? I tell you, open your eyes and look at the fields! They are ripe for harvest. - **John 4:35**

**For Pastoral visit,
home communion, counselling
and prayer, kindly contact the pastors.**

Take it to the Lord

Therefore I tell you, whatever you ask in prayer,
believe that you have received it, and it will be yours.

Mark 11:24

Praise God

- For the Bangalore Regional Conference that was held at Goa which went well.
- For His grace and strength that sustained us in the past month and all the things He has in store for us in this month.
- For protecting His people at all times.
- For His work in and through the various activities of our church.
- For His blessings upon those who celebrated their birthdays and wedding anniversaries in June 2023.
- For His healing and restoring people in the church.
- For the ministry that God has enabled us to do in the church and in the city.
- For all the outreach programs and missionary works in and through our church.

Pray for

- The ministries of Methodist Church in India.
- Spiritual revival in all the churches in Bangalore & Karnataka.
- The various activities & Pulpit ministry in July 2023.
- Our Hon'ble Bishop N.L. Karkare and Madam Kamal Karkare, Rev. Sebastian Ravi Kumar, District Superintendent-Bangalore, MCI; and all the Pastors and leaders.
- The ministry and families of our IMC Pastors - Rev. Paul K. Royappa, Rev. John Shikamani and Rev. Alexander Augustine.
- Our Pastorate Committee members and organizations: WSCS, MMF, MYF, Sunday School, and Senior Citizens fellowship.
- Our Choir and Praise and Worship Team.
- Missionaries and missionary organizations in our country.
- Those who are poor and in need.
- Our children and young people that they will grow in the Lord.
- God's healing upon Mrs. Emily Paulson, Mr. Solomon Sukumar, Mrs. Evelyn, Rev. Malcolm and all sick people.

Kid's Corner



Bible Word Search

Apostles / Disciples



Obedience

There was a world famous Evangelist who had 3 children. Everyday come from school and sit in front of the T.V. and never did their home-work. So one day their father told the 3 children I am going to put a law. The law is first do your home-work and then watch T.V. But everyday the children watched T.V and no home-work done. So one day their father told them if you don't obey my law each child will have to take 3 lashes. The next day when their father came they were watching T.V. So their father said come I will punish you all. So the children were frighten. Their father said each one must take 3 lashes. Their father told the children to trash him 3 lashes. Children were shocked to hear. They said no. But he said you must lash me 3 times First son lashed 3, Second child lashed 3 times, Third child said, I am sorry dad. But dad said no you must do it. This is how our Lord Jesus was lashed for us too who did no sin and was nailed on the Cross.

- Mrs. Elsie Peter

WSCS RETREAT

June 24, 2023



IMC MYF Youth Talent Show and Sessions

25.06.2023



IMC Senior Citizens Fellowship

17.06.2023



All are invited to join
IMC Online Prayer Time
every Saturday from 6.30 am to 7.00 am

WSCS CORNER

WORD FOR THE MONTH OF JULY 2023

Let us not become weary in doing good,
for at the proper time
we will reap a harvest if we do not give up .

GALATIANS 6:9

VISIT TO " NIGHTINGALES OLD AGE HOME FOR WOMEN "

DATE : SATURDAY, 8TH JULY 2023

TIME : Departing from Church premises @ 2:30 pm

Join WSCS in spending some time at the Old age home.



ONLINE FAMILY BIBLE QUIZ

DATE : SATURDAY, 29TH JULY 2023

TIME : 2 PM TO 4 PM

Scripture portion : Ruth, Malachi, Acts 1 to 12



For more information please contact
WSCS President Mrs. Usha Jones on 9740394222

Christian Biography: Why is it important?

Hebrews 12:1 reads, "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us." The great cloud of witnesses refers to our forefathers and mothers, from biblical times to the recent past. Throughout history, we can observe a long and continuous line of godly men and women who dedicated their lives to the gospel's cause with sacrificial obedience, impacting lives in their time and beyond. These were ordinary individuals, not much different from us, with their own struggles, flaws, and failures. However, they were transformed by God to fulfill His purposes. When we learn about the faith and lives of our forefathers and mothers, we become inspired to set aside distractions, overcome hurdles, and faithfully run our own race. It is worthwhile to invest our time in reading such biographies and draw encouragement from these stories of incredible grace and profound inspiration. It is fitting that we commence this biography series with Rev John Wesley, the founder of Methodism, as we recently commemorated his 320th birth anniversary on June 17, 2023. John Wesley was born in Epworth, England, on June 17, 1703, to Rev Samuel Wesley, an Anglican priest, and his wife Susanna Wesley. John Wesley was the fifteenth child out of their nineteen. On the night of February 9, 1709, their house caught fire. Samuel, the maid, and most of his many children managed to escape safely, but Samuel couldn't find his wife. To his horror, he heard five-year-old John's voice calling for help from inside. Unable to reenter the blazing building, Samuel prayed for God's intervention. Miraculously, John leaped from a window into the arms of a waiting Samaritan just before the roof collapsed. Samuel found John and his wife safely reunited. John Wesley never forgot his narrow escape, referring to himself throughout his life as "a brand plucked



from the fire." However, this incident didn't immediately instill in him a sense of destiny or mission.

After receiving six years of education at the Charterhouse in London, John entered Christ Church, Oxford University, in 1720. He graduated in 1724 with the resolve to become an ordained priest. In 1725, he was ordained as a deacon by the Bishop of Oxford, and the following year, he was elected a fellow of Lincoln College. After assisting his father at Epworth and Wroot, he received priestly ordination on September 22, 1728. In October 1729, he returned to Oxford to fulfill the residential requirements of his fellowship and joined his brother Charles, Robert Kirkham, and William Morgan in a religious study group mockingly called the "Methodists" due to their emphasis on methodical study and devotion. Assuming leadership of the group from Charles, John helped it grow in numbers. The "Methodists," also known as the Holy Club, were known for their frequent communion services and fasting two days a week. From 1730 onward, the group expanded its activities to include social services. They visited prisoners in Oxford, taught them to read, paid their debts, and sought employment opportunities for them. The Methodists also extended their assistance to workhouses and impoverished individuals, providing food, clothes, medicine, and books, as well as running a school.

On May 24, 1738, during a church meeting in Aldersgate Street, London, Wesley's intellectual conviction underwent a personal transformation while Luther's preface to the commentary on Paul's Letter to the Romans was being read. From that point onward, at the age of 35, Wesley saw his life's mission as proclaiming the good news of salvation by faith. He did so whenever given the opportunity to preach. Wesley traveled 250,000 miles and delivered over 40,000 sermons! He firmly believed it was crucial for him to personally spread the gospel through relationships and continually draw closer to God in those relationships. On March 2, 1791, Rev John Wesley passed away at his home in London after a final illness lasting five days. He was 88 years old.

- Christian Education and Nurture Committee

WSCS Report June 2023

The following programmes were organized by WSCS in June 2023:

1. June 10: Fasting prayer (led by Rev. John Wesley)
2. June 24: Retreat (led by Mrs. Safia Mirza), open to all church members

Regular programmes of WSCS:

1. Breakfast sales:

Breakfast sales were organized after 7 am and 9.30 am service to raise funds for hospital ministry (to help those in need buy medicines, pay hospital bills of sick people). Request those led by the Lord to cook and contribute towards this cause.

2. Care and Share:

This project aims to give monthly groceries to families/individuals in IMC who are going through financial difficulties due to job loss, etc. Although started during the pandemic, it is relevant even today. Contributions to this cause are welcome. If you know of any families going through difficult times, kindly let WSCS know so that WSCS can reach out to them.

3. Hospital ministry:

Medical bills of some needy patients in Philomena hospital and a few members from our church have been paid by WSCS.

IMC Poor Fund Committee Members List for the year 2023- 24

Poor Fund Committee - Chairperson	Mrs. Sheila Muliylil
Members - Poor Fund Committee	Mrs. Jamuna Jeyasingh
	Mrs. Epsiba Jemmima
	Mrs. Ida Dinkar
	Mrs. Elsie Peter
	Mrs. Jesu Charles
	Mr. Abhishek Das
	Mrs. Jeyakumari
Ex. Officio Member	Mr. D. Jeyasingh

HISTORY OF HYMN: “RESCUE THE PERISHING” BY FANNY J. CROSBY

Fanny J. Crosby was born in Putnam County, New York, on March 24, 1820, Fanny Crosby was a part of a Presbyterian family. At six weeks old, she had an eye infection and it is believed that she received improper treatment, which caused her to become blind, from a man who pretended to be a doctor. That same year, Crosby's father died and she was then raised by her mother and grandmother.

Fanny J. Crosby eventually entered the New York School for the Blind. Her skills as a musician were well noted and they showed that she had incredible memory and intelligence. Later on, Crosby joined the faculty at the school and married Alexander van Alstyne, who was also blind and a teacher at the school.

It was in 1850, Fanny Crosby experienced a conversion at Chelsea Methodist Episcopal Church in New York City and converted to Methodism and was attracted to the work the denomination was doing. In the mid 1860s, the composer and publisher, William B. Bradbury, encouraged Fanny Crosby to begin writing sacred, instead of secular, texts.

In 1869, Fanny J. Crosby was inspired to write “Rescue the Perishing” after she met the men who were housed in a New York City mission. She was concerned about their spiritual well-being and earnestly pleaded with the men that if there was someone “who had wandered from his mother's home and teaching,” to please come and see her at the end of the service. A young man came up to Crosby and said that he would like to see his mother in heaven, but according to the way he was living his life, he was convinced it was not possible. After ardent prayer with Crosby and everyone attending the service, he accepted God's justifying grace. That night, when Fanny Crosby went home, she wrote the words “Rescue the Perishing.”

Crosby's hymn appears in *The United Methodist Hymnal* in four stanzas and has been included in Methodist hymnals since 1882. The text is directed to Christians, but it is implicit. Crosby's words in stanza one give six commands to the Christian: Rescue, care, snatch,

weep, lift, and tell. We are to be active in the lives of those who have yet to realize they are beloved children of God and continuously walk with them on their journey.

In the second stanza, Crosby writes that while people who are not saved ignore the love and grace of Jesus Christ, Christ is still there waiting for them. Our duty is to plead with them gently and unceasingly, for we are to not lose hope that Christ will bring the sinner into Christ's arms.

Stanza three, juxtaposes what the sinner's heart is like and what it could be. The tempter has crushed any feelings of hope or joy for the person. However, grace can restore the person to lead a hopeful life that has been touched by someone who will love the sinner and treat them with kindness.

Crosby writes in the fourth stanza that it is our duty to rescue those in trouble. We are not to sit idly and watch our neighbors suffer. For if we pray to God for strength and pure hearts to witness to the people around us, God will provide what we need to share Christ's love. We are to "patiently win them," for salvation is a process and does not happen all at once. Above all else, we are to proclaim to the world that a loving Savior has died for them, lives forever, and wants to be in communion with them.

Finally, each stanza is followed by the simple refrain:

*Rescue the perishing,
Care for the dying;
Jesus is merciful,
Jesus will save.*

We are reminded of our duties to our neighbors. We rescue *and* care for them. The Christian life is a process and this hymn reminds us that we are to constantly be there for our neighbors and that Jesus is indeed merciful and ready to save.

1 Rescue the perishing,
 Care for the dying,
 Snatch them in pity from sin and the grave;
 Weep o'er the erring one, lift up the fallen,
 Tell them of Jesus the mighty to save.

Refrain:

Rescue the perishing,
Care for the dying;
Jesus is merciful,
Jesus will save.

2 Though they are slighting Him,
Still He is waiting,
Waiting the penitent child to receive;
Plead with them earnestly, plead with them gently;
He will forgive if they only believe. [Refrain]

3 Down in the human heart,
Crushed by the tempter,
Feelings lie buried that grace can restore;
Touched by a loving heart, wakened by kindness,
Chords that were broken will vibrate once more. [Refrain]

4 Rescue the perishing,
Duty demands it;
Strength for thy labor the Lord will provide;
Back to the narrow way patiently win them;
Tell the poor wanderer a Savior has died. [Refrain]

QUESTION AND ANSWER

Can we Christian believers practice Yoga?

Recently we observed the “International Day of Yoga” on 21st June 2023. Yoga which was more localised to Indian traditions and culture earlier is now being promoted at International levels. However, we need to ask this question to ourselves As a Christian believer are we allowed to practice Yoga? What are the pros and cons of practicing it?

In the rest of this article, let us try to understand the Biblical perspective on this topic and derive a Biblical conclusion as well.

The Bible makes it clear to us that there is an invisible world which cannot be seen with our physical eyes “The Spirit Realm” (2 Cor 4:18, 2 Cor 5:7). All spiritual aspects of our life deal with the Spirit World and Spiritual Beings. In fact, GOD himself is a “Spirit Being” (John 4:24) and all his angels as well (Heb 1:14). However, not to miss out Satan and his descendants (evil spirits) are also spirit beings, living in the spirit realm. Further, man himself is also a spirit being (1 Thes 5:23), who is presently

living in a body when alive on earth - but when man dies, his spirit and soul are separated from his body (Luke 8:51-56). So it is proved biblically that there is a real invisible world out there The Spirit Realm!

A human being gains access to the Spirit Realm in two possible ways

1. By being filled with the Holy Spirit The Living Spirit of GOD (John 3:5-6)
2. By gaining control over a Evil Spirit(s) Through Divination and/or Black Magic (Acts 8:9-13, 16:16-18, 19:19, 1 Sam 28:5-15)

We the children of the Living GOD have been filled with the Holy Spirit the day we accept Jesus Christ as our Saviour. We are now the temple of GOD and the Holy Spirit lives in us (1 Cor 3:16-17 , 6:19-20). We all have access to the Spirit Realm Through the Holy Spirit in us and our prayers are manifested in the spirit realm to pull down the strongholds of the Devil (2 Cor 10:4, Eph 6:12).

YOGA Historically involves mysticism and divination practiced by Hindu Mystics (Yogi's). It is definitely more than Physical Exercise for well being It is a spiritual act / ritual for gaining access to the spirit realm. It involves poses and postures used by the Yogi's to worship pagan gods and evil spirits (Surya Namaskar, Kundalini, Garudasana etc). Though it is being popularised as Healthy Exercise routines for all, it involves chanting of Mantra's and meditation for self consciousness (Psychic Energy). I recommend you to read through the history of Yoga on the web and you will definitely agree to this explanation of the Art of Yoga. Any art which involves spiritual meditation and self consciousness is a wrong entry route to the spirit world (Ex: Reiki , Regression Therapy, Hypnosis , KungFu at higher levels etc).

GOD in the Bible has strictly warned all of us to stay away from any kind of Occult, Black Magic, Sorcery or Divination (Lev 19:26-31, Gal 5:19-21). We are also warned NOT to seek spiritual help from any person who is involved in these dark practices (including fortune telling and horoscopes Lev 20:6). So we as Christians should stay vigilant of NOT to involve in any of these ungodly spiritual activities.

So the final conclusion is this Exercise is good. But NOT Yoga!

We as Christian believers should refrain from practising Yoga which has occult roots, traditions and practices. Better join a good GYM Jog or Play a sport - Eat right - And Live Healthy.

God bless

- Christdas



Bank & UPI Details For Tithes & Offerings



Account Name - Indiranagar Methodist Church
Account Number - 0399053000014868
Type of Account - Savings
Bank Name - South Indian Bank
Branch - Indiranagar
IFSCCode - SIBL0000399

For Church Planting & Outreach



Account Name - Indiranagar Methodist Church-
Church Outreach Account
Account Number - 0399053000015301
Type of Account - Savings
Bank Name - South Indian Bank
Branch - Indiranagar
IFSCCode - SIBL0000399

Kindly email the details of transfer such as transaction reference number, date of transfer and purpose of transfer along with your name and contact details to - finance.imcblmci@gmail.com for accounting purpose



Join us for
Indiranagar Methodist Church

Wednesday Online Bible Study

July @ 7 pm

Theme for July 2023: The Chosen People

Study No.	Topic	Led by	Date
01	Introduction to the Book (The First Epistle of Peter) 1 Peter 1:1-2	Rev. Paul Royappa	5 th July
02	A Call for the Salvation 1 Peter 1:3-12	Rev. Alexander Augustine	12 th July
03	A Call to Holiness 1 Peter 1:13-25	Rev. John Shikamani	19 th July
04	A Call to be Light in the Darkness 1 Peter 2:1-12	Rev. Paul Royappa	26 th July



Come and be blessed!

Electronic City Methodist Worship Centre
(An extension of the Indiranagar Methodist Church)

Worship Service at 9.30am Every Sunday

Place of Worship
3rd Floor, Above Amma's Bakery, Niladri Road
Electronic City Phase -1

Theme: 'Make God's Mission Your Mission'

- *July 02 - 'The Glorious God of Missions' - Rev. Peter George
- July 09 - 'The Great God's Commission
is our Mission' - Mr. Joseph
- July 16 - 'A call to be Christ's Witnesses' - Rev. Peter George
- July 23 - 'Who is my neighbour?' - Mr. Sandeep Daniel
- July 30 - **Sunday School Sunday**

For details, kindly contact Rev. Peter George @ 8951532543 or
Mr. Anuj Gupta @ 9742522249



INDIRANAGAR METHODIST CHURCH

Pulpit Calendar: July 2023

Theme : **'Make God's Mission Your Mission'**

Sunday Services : 7.00 am, 9.30 am & 6.00 pm

Date	Sermon Title / Speaker
July 02	- 'The Glorious God of Missions'
*7.00 am	- Rev. John Nelson
*9.30 am	- Rev. Paul Royappa
*6.00 pm	- Rev. Alexander Augustine
July 09	- 'The Great God's Commission is our Mission'
7.00 am	- Rev. Alexander Augustine
9.30 am	- Rev. John Shikamani
6.00 pm	- Gospel Concert by Glorious Choir
July 16	- 'A call to be Christ's Witnesses'
7.00 am	- Rev. John Shikamani
9.30 am	- Rev. Paul Royappa
*6.00 pm	- Rev. Alexander Augustine
July 23	- 'Who is my neighbour?'
7.00 am	- Rev. Paul Royappa
9.30 am	- Rev. Alexander Augustine
6.00 pm	- Rev. John Shikamani
July 30	- 'The Harvest is now- 'Hear I am, Send me Lord'
9.00 am	- Rev. Ashok Andrews- Missions Convention
6.00 pm	- Rev. Paul Royappa

*Holy Communion Service
Dawn Communion Service will be held on Tuesday,
August 1, 2023 at 6.30am